

# MOVE IT TO MAUI

A COMMUNITY MISSION TO MOVE-IT 1 MILLION MINUTES

TOTAL MINUTES

# 1,158,282

PARTICIPANTS

TOTAL  
**575**

138

437

<18 19-24 25-44

6 24 231

45-54

162

55+

152

AVERAGE MINUTES PLEDGED



EXTRA ENTRIES EARNED WITH SELFIES



CALORIES BURNED



## COMMUNITIES REPRESENTED



ASHBY  
BARNESVILLE  
BATTLE LAKE  
BRECKENRIDGE  
CAMPBELL  
CLITHERALL  
DALTON  
DEER CREEK  
DENT  
DETROIT LAKES

ELBOW LAKE  
ELIZABETH  
ERHARD  
EVANSVILLE  
FARGO  
FERGUS FALLS  
GARFIELD  
HENNING  
LONG PRAIRIE  
MOORHEAD

MORRIS  
NEW YORK MILLS  
OTTERTAIL  
PELICAN RAPIDS  
ROTHSAY  
SABIN  
UNDERWOOD  
VERGAS  
VINING  
WENDELL

BUSINESS PARTNERS

# 11

YMCA · NEW BEGINNINGS · WESTRIDGE MALL  
PRAIRIE WETLANDS LEARNING CENTER  
SPIDAHL SKI GAARD · ANYTIME FITNESS  
OTTER TAIL COUNTY GOVERNMENT SERVICES  
KENNEDY SCHOOL · PHATTY NATTIES  
NORTHERN AIRE LANES · CENTRAL LAKES CYCLE

## COMMUNITY ACTIVITIES

MONTH	ACTIVITY	DETAILS
JANUARY	1.26 - 2.1	JANUARY 30 - CORPORATE CUP
FEBRUARY	2.2 - 2.8	YMCA/NEW BEGINNINGS Free Trial Week
	2.9 - 2.15	PRAIRIE WETLANDS Hiking trails open to public
	2.16 - 2.22	SPIDAHL CC SKIING Special Rates
	2.23 - 3.1	WESTRIDGE MALL Walking Route
MARCH	3.2 - 3.8	GROUP FITNESS WEEK Free Classes at Phatty Natties, Anytime Fitness, New Beginnings and YMCA
	3.9 - 3.15	OTTER TAIL CO. GSC Healthy Snack Day, Nutrition Trivia, Indoor/Outdoor Walking Routes
	3.16 - 3.22	KENNEDY SCHOOL Open Gym/Swim
	3.23 - 3.29	NORTHERN AIRE LANES Bowl one lane, get second lane free
APRIL	3.30 - 4.5	EASTER WALK Your favorite bunny trail
	4.6 - 4.12	SPINNING WEEK Free Spinning at Phatty Natties
	4.13 - 4.19	CENTRAL LAKES CYCLE Group Bike Rides

## HOW WE MOVED IT!



CONGRATULATIONS TO ALL WHO MOVED IT!